

## TENNIS CLINICS

*2.5-3.0 CLINIC*      *\$24/\$30*      2.5-3.0

This clinic is great for those just learning the fundamentals of tennis along with some fun doubles point play activities.

T	7:15-8:30p	James
F	11:15a-12:30p	Jim
Sa	10:00-11:15a	Jim

*401 CLINIC*      *\$24/\$30*      3.0-3.5

A skills and drills session for the 3.0-3.5 athletic play with fast paced drills, shot selection, and point play being the focus. (6 pp max)

W	7:15-8:30p	James
Sa	8:45-10:00a	Jim

*SINGLES CLINIC*      *\$24/\$30*      3.5-4.0

Our singles clinics focus on footwork, tactics, patterns of play, and strategy. (4 pp max)

W	10:00-11:15a	Jim	3.5
F	10:00-11:15a	Jim	4.0

*4.0+ DOUBLES CLINIC*      *\$24/\$30*      4.0+

For the athletic player at a 4.0 level and up. Have fun and improve your consistency, with sparring and point play-based drills in this fast-paced workout. (6 pp max)

Th	10:00-11:15a	Dayna
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*NEED FOR SPEED CLINIC*      *\$24/\$30*      4.0+

A fun, fast-paced, point play clinics designed to get you moving and hitting. Those who want to run, sweat, and grind need only show up! (6 pp max)

M	7:15-8:30p	James
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## SOCIAL LEAGUE PLAY

*MEN'S DOUBLES LEAGUE* 3.0-4.5

Men's Doubles League is a time for all the men to have some fun, light-hearted competition. Volunteer captains will put out teams each week to play against the other teams. Drink tickets and balls included. \$50 pp

Sa 12:30-2:00p

## COMPETITIVE LEAGUE PLAY

*WOMEN'S SEATTLE AREA CUP TENNIS*

*USTA LEAGUES*

Please inquire within.

## 7-WEEK COURSES

*TENNIS 101:* For the beginning adult tennis player looking to start off on the right foot with a solid foundation so you can play this amazing lifetime sport.

01/08-01/29

02/05-03/05

03/12-04/02

04/09-04/30

05/07-05/28

06/04-06/25

\$122 Resident/\$165 Non-Resident

Sa 3:15-4:30p

*TENNIS 201:* Continue your development in our Tennis 201 clinic for the average 2.5-3.0 player where you will develop skills and tactics to be successful in any situation.

\$122 Resident/\$165 Non-Resident

Sa 2:00-3:30p

#### CLINIC POLICIES & SIGNUP:

For Monthly Users: Sign up at [bircbookings.com](http://bircbookings.com) as early as 7:00am, seven days in advance.

For Day & Punch Pass Users: Call the front desk. Players must be within a .5 level in rating to attend each respective class. Cancellations 24 hours in advance will be charged.

#### TO SIGNUP FOR COURSES:

For Monthly Users, Sign up at [bircbookings.com](http://bircbookings.com) no earlier than four weeks in advance. For Day or Punch Pass Users, call the front desk three weeks in advance.

#### TO SIGNUP FOR PRIVATE LESSONS:

Go to [www.birec.org](http://www.birec.org) and fill out the Tennis Interest Request form or email our Tennis Coordinator at [daynag@biparks.org](mailto:daynag@biparks.org). For private lesson fees, go to [www.birec.org](http://www.birec.org).